

## First Year Retreat at Knock Shrine.

All First Years students are given the opportunity to go to Knock Shrine for their retreat. The main theme of this retreat is Faith; Friends and Fun. Students will have an opportunity to explore where they are at regarding their relationship with God, the meaning of the parables in their lives today and who they are becoming as they begin their teenage years. Students will have time to pray and to participate in the day, on their own and as part of the group.

They will also have time to explore the grounds of Knock Shrine and fill holy water bottles, bring back souvenirs etc. Although the retreat is not compulsory, all students – of all faiths and none, are encouraged to participate in the day.

